

Foody's

Café menu – week commencing 13th June 2016

All our produce is bought locally & seasonally and we **only** serve free range eggs.
Our suppliers are either LEAF, Farm Assured or Red Tractor certified.

Course	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Porridge with a variety of toppings Toasting station Freshly baked pastries, variety of fresh muffins Scrambled egg Sausage or bacon sandwiches & English muffins				
Soup of the day	Variety of Asian noodle pots with a range of broths	Variety of Asian noodle pots with a range of broths	Variety of Asian noodle pots with a range of broths	Variety of Asian noodle pots with a range of broths	Variety of Asian noodle pots with a range of broths
Street food	Spanish Bar Paella with either chorizo & chicken or roasted peppers & peas Side: Tomato, red onion & leaf salad on side	Portuguese bar Piri- Piri Chicken legs or Vegetables Served with a crisp leaf salad Side: Spicy potato wedges	French bar Sausage or vegetable white bean Cassoulet Served with a garlic baguette Side: French beans & onion	Ukrainian bar Chicken Kiev served with mash potato Cabbage leaves filled with rice & vegetables topped with sour cream & onions Side: Ukraine salad	Turkish bar Lamb kofta or Falafels with pilaff rice & a chilli sauce Served with a minty yoghurt dip Side: Pitta bread
Butcher's table	Salad bar with proteins & toppings Artisan sandwiches, panini's, fajitas & wraps				
N&D specials	Vegetarian Club Sandwich Curried chicken & mango Salad	Vegetarian Club Sandwich Curried chicken & mango Salad	Vegetarian Club Sandwich Curried chicken & mango Salad	Vegetarian Club Sandwich Curried chicken & mango Salad	Vegetarian Club Sandwich Curried chicken & mango Salad
Afternoon treats	Carrot Cake	Carrot Cake	Carrot Cake	Carrot Cake	Carrot Cake

Menu is subject to change

If you have any known allergies to foods or dietary requirements , please speak to a member of our staff to discuss which options are suitable for you to eat.

